

Deliver Gold Standard Bereavement Care



Resolve Through Sharing (RTS) Bereavement Training will help you

- ACQUIRE the unique skill set needed to provide excellence in bereavement care
- LEARN evidence-based best practices in bereavement care
- GAIN in-depth understanding of the long-term impact of dying and death

Gundersen Health System, La Crosse, WI

Live virtual training • June 28-29, 2021



Resolve Through Sharing®

BEREAVEMENT EDUCATION SINCE 1981

Resolve Through Sharing® (RTS) Bereavement Training: Adult Death

Live virtual training • June 28-29, 2021



A patient dies...

Do you feel comfortable caring for families when a loved one dies? Do you have the confidence to support yourself and your colleagues who share this responsibility? Research shows that caring for dying patients and their loved ones is one of the most anxiety-producing aspects of a care provider's practice. RTS can help. Following RTS Bereavement Training, more than 95 percent of attendees surveyed report an increase in their comfort levels surrounding bereavement care.

Are bereavement standards of care and processes consistent across your organization? The comprehensive, evidence and relationship-based RTS bereavement model supports the triple Aim, Centers for Medicare & Medicaid Services, and Joint Commission standards for delivery of consistent, quality patient care. You will learn ways to incorporate invaluable RTS concepts into everyday practice, meeting these standards and profoundly impacting your teammates and leadership.

Training focus

Adult death, including serious illness, complex medical conditions, trauma, unexplained, & stigmatizing death

Purpose

To provide a rich educational experience that enhances participants' knowledge, skill, and personal awareness when caring for dying adults and their families. Topics include:

- Impact of sudden, traumatic, and stigmatizing death on family and friends, including family presence during CPR and early viewing of the body
- Palliative care, hospice, and advance care planning
- Spirituality, rituals, keepsakes, and photos
- Follow-up
- Care for the caregiver

Objectives

- Discuss the role of interprofessional teams in caring for bereaved families
- List three theoretical frameworks to promote understanding
- Define being in relationship
- Describe two relationship-based communication strategies used with bereaved families
- Discuss the link between complicated grief and sudden, traumatic death and death that carries social stigma
- List three spiritual needs of the dying
- Describe two aspects of palliative care
- Describe elements for follow up communication
- List three self-care strategies for healthcare professionals.
- List three benefits of a grief conference

Who should attend?

- Nurses and Techs in Intensive Care, Emergency Room, Oncology, Public Health Department, Office/Clinic, Palliative Care & Hospice
- Physicians
- Chaplains
- Social Workers
- Child Life Specialists
- Genetic Counselors
- Emergency Medical Services
- Those caring for active military and/or veterans

Continuing Education: See page 4 for complete information on continuing education credit.

Agenda

Day 1

8 a.m. – 12:00 p.m.

- Getting acquainted and setting the stage
- Introduction to relationship in adult death
- Using theoretical frameworks to understand relationship
- Working with bereaved families using Guided Participation
- Communicating strategies

12:00 – 1:00 p.m. Lunch

1:00 – 3:30 p.m.

- Sudden, traumatic, and stigmatizing death
- Family presence during CPR and viewing the body
- Wartime death and bereavement
- Summary of Day 1 and preparation for Day 2

3:45 – 4:30 p.m. Family panel

Day 2

8 a.m. – 12:00 p.m.

- Reflection on Day 1
- End-of-life care, including palliative and hospice care
- Reducing barriers in end-of-life discussions
- Adult advance care planning
- Spiritual care and the role of hope
- Honoring relationship through ritual
- Creating memories through keepsakes and photography
- Loss, grief, and growth

12:00 – 1:00 p.m. Lunch

1:00 – 3:30 p.m.

- Follow-up after death
- Relationship-based care as a foundation for caring for yourself

Pre-requirement

Online modules must be completed prior to attending the classroom segment of the training (cost included in registration fee).

Nurses, social workers, and chaplains receive continuing education credit certificates electronically after completing the modules. Instructions for accessing the modules will be provided in your registration confirmation email.

Presenters

(Full bios available at ResolveThroughSharing.org.)



ANN E. Tyndall, MDiv, BCC, CPLC

Bereavement Coordinator, Gundersen Health System

Ann served as a Unitarian Universalist parish minister for 23 years before training to become a healthcare chaplain. She was drawn to working with people from diverse spiritual traditions, including those who did not identify as religious.

The role of chaplain-not promoting a particular religious tradition-fit Ann's inclusive approach to spirituality. She worked for a year as an affiliate chaplain at Chicago Children's Hospital before accepting a position as staff chaplain at Gundersen Health System in La Crosse, WI. There, Ann's duties included providing bereavement support for patients and families. Though she attended deaths at any age, her primary responsibility was caring for families experiencing perinatal loss. In June 2019, Ann accepted the position of Bereavement Coordinator for Gundersen Health System. Ann's role at Gundersen is vital to Resolve Through Sharing's long history of developing programming at home and disseminating to its national audience, and gleaning expertise from healthcare professionals across the country to incorporate at home.



Seth D. Barna, BSN, RN

Training Specialist, Resolve Through Sharing

Nursing Systems Specialist, Gundersen Health System, La Crosse, Wis.

Seth received his Bachelor of Science in Nursing from Viterbo University in La Crosse, Wis., in 1999. Since then, he has worked at Gundersen Health System, spending the majority of his career in the critical care

setting. Over many years of caring for those with a wide range of specialty conditions, Seth developed an interest and skill-set for supporting patients, families, and staff through the organ donation process and end-of-life care. he served on the Gundersen Health System Organ Donation Team for approximately 15 years and spent 2 years as the Organ and Tissue Donation Liaison.

Seth's special gifts and his passion for this work are evidenced in the various educational opportunities he leads. Since 2019, he has served as Adjunct Faculty for the Viterbo University Nursing Department. Seth assumed the role of RTS Training Specialist in 2020, after 3 years of presenting as a member of the RTS National Faculty.

Education Credit

Nursing contact hours

Gundersen Lutheran Medical Center, Inc., is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death provides 12.75 contact hours and Resolve Through Sharing (RTS) Coordinator Training provides seven contact hours.

California – Provider (Gundersen Lutheran Bereavement and Advance Care Planning Services) approved by the California Board of Registered Nursing, provider #12245, 12.75 contact hours for Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death, and seven contact hours for Resolve Through Sharing (RTS) Coordinator Training.

Social work continuing education hours

Social work continuing education hours Gundersen Lutheran Medical Foundation Inc., provider #1089, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Gundersen Lutheran Medical Foundation Inc. maintains responsibility for this course. ACE provider approval period: 11/14/2018–11/14/2021.

Social workers completing Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death will receive 12.75 continuing education credits. Social workers completing Resolve Through Sharing (RTS) Coordinator Training will receive seven continuing education credits. RTS Bereavement Training and RTS Coordinator Training are appropriate for all levels of social work. Online pre-training continuing education credits are awarded separately.

Other credits

Chaplains may apply for continuing education credit through the Association for Professional Chaplains (APC). Other disciplines may request an electronic certificate of completion from the RTS National Office.

To receive continuing education (CE) credit, nurses, social workers, and chaplains **must be present for each full day of training (no partial credit will be given)**. Downloadable CE certificate is available upon completion of the evaluation. CE certificates for the classroom portion of the training are available online upon completion of the evaluation. CE certificates for online courses are awarded upon completion of the three-module set.

Presenters and planners have an employment relationship with Gundersen Lutheran Medical Foundation, Inc. We are a provider of the program, but we do not endorse any commercial products in conjunction with the program. Off-label use of any products will not be discussed. Presenters will vary. Presenter credentials are available upon request.

ADEC recognition

Resolve Through Sharing (RTS) Bereavement Trainings help meet the thanatology-related contact hour requirement to be certified by the Association for Death Education and Counseling.

GUNDERSEN **HEALTH SYSTEM®**

Gundersen Health System is where caring meets excellence through a comprehensive health network of wholly owned services and regional partners. It's where nationally recognized quality meets dedicated, compassionate professionals, caring for patients in all stages of life. Gundersen is a regional referral center caring for patients in 19 counties throughout western Wisconsin, northeastern Iowa, and southeastern Minnesota. A 325-bed teaching hospital with a Level II Trauma and Emergency Center, Gundersen has repeatedly been named among the top 50 hospitals in the nation, placing it in the top one percent of hospitals nationwide. Gundersen is the designated Western Academic Campus for the University of Wisconsin School of Medicine & Public Health. Due to its environmentally responsible practices, Gundersen achieved energy independence in 2014, becoming the first health system in the nation to do so.

Training location

This will be a live virtual training delivered via ZOOM. Training materials will be shipped directly to the address you provide while registering for the event.

To stay updated on the RTS training schedule, visit www.ResolveThroughSharing.org.

Bring RTS training to your organization!

We look forward to consulting with you regarding your bereavement training needs. Contact us at rts@gundersenhealth.org.

Live virtual training. • June 28-29, 2021

Space is limited! Register today at ResolveThroughSharing.org.

REGISTRATION FEES

RTS Bereavement Training: Adult Death	\$550
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GROUP DISCOUNT

Groups of three or more take \$100 off each training registration. **To receive the discount, you MUST obtain a group discount code PRIOR to registering.** Submit the names of those in your group to rts@gundersenhealth.org to receive the code. The code MUST be applied during the registration process.

Pricing includes online modules, live virtual training, course materials, resource manual, certificate of completion, and continuing education credit.

Payment: Registration fee payment can be made by Visa, MasterCard, American Express, or Discover.

Transfers: Registrations can be transferred to a different training location for a \$25 administrative fee.

Cancellation policy: We offer a full refund minus a \$75 administrative fee for each canceled registration. Cancellations must be made 48 hours in advance of the training in to receive a refund.

Accommodations: If you have questions or concerns about this course, or require assistance or special accommodations, please contact us at rts@gundersenhealth.org. In accordance with the Americans with Disabilities Act, Gundersen Medical Foundation seeks to make this training accessible to all. If you have a disability that might require special accommodations, please contact us at rts@gundersenhealth.org.

Contact: If you have questions or grievances, please contact us at (608) 775-4747, (800) 362-9567, ext. 54747, or rts@gundersenhealth.org.

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GUNDERSEN
HEALTH SYSTEM®

Where Caring Meets Excellence

Gundersen Medical Foundation

1900 South Avenue, AVS-003

La Crosse, WI 54601

www.ResolveThroughSharing.org

Please route to:

- Nursing
- Social Services
- Spiritual Care
- Maternal Health
- Emergency Services



Check out other locations and dates for RTS Perinatal, Neonatal and Pediatric, and Adult Death Training.

www.ResolveThroughSharing.org

Join the 50,000+ who have attended RTS Training!

“This was an amazingly informative and powerfully moving course. I would recommend RTS to every person who cares for these patients...it is eye-opening to think of all the ways we can standardize and better our care for them.”

“One of the most beneficial conferences I have been to. The topic of “hope” and what families hope for in situations surrounding death brought a new perspective to my thoughts on death. I will definitely be incorporating this into my care. Thank you.”

“This course was life changing for my career and my private life.”

RTS Bereavement Training: Perinatal Death, RTS Bereavement Training: Neonatal and Pediatric Death; RTS Bereavement Training: Pediatric and Adult Death, and RTS Coordinator Training help you comply with The Joint Commission standards for end-of-life care (PC.02.02.13) and other regulatory standards.