

Deliver Gold Standard Bereavement Care



A baby dies...
are you prepared?

Resolve Through Sharing (RTS) Bereavement Training will help you

- Acquire the skill set needed to provide excellent bereavement care.
- Learn evidence-based bereavement best practices.
- Gain in-depth understanding of the impact of death and dying.

Gundersen Health System
La Crosse, WI

December 13-15, 2021



Resolve Through Sharing®

BEREAVEMENT EDUCATION SINCE 1981

Resolve Through Sharing® Bereavement Training: Perinatal Death

Live virtual training • December 13-14, 2021
Space is limited! Register today at ResolveThroughSharing.org.



When a baby dies...

Do you feel comfortable caring for families when a baby dies? Do you have the confidence to support yourself and your colleagues who share this responsibility? Research shows that caring for dying patients and their loved ones is one of the most anxiety-producing aspects of a care provider's practice. RTS can help. Following RTS Bereavement Training, more than 95 percent of attendees surveyed report feeling more comfortable providing bereavement care.

Are bereavement standards of care and processes consistent across your organization? The comprehensive, evidence- and relationship-based RTS bereavement model supports the Triple Aim, Centers for Medicare & Medicaid Services, and Joint Commission standards for delivery of consistent, quality patient care. You will learn ways to incorporate invaluable RTS concepts into everyday practice, meeting these standards and profoundly impacting teammates and leadership.

Additional Benefits

- Staff retention and reduced burnout
- Patient satisfaction and loyalty
- Positive impact on charitable giving

This course is recommended to prepare for the Hospice and Palliative Credentialing Center's Perinatal Loss Care Certification Exam.

Training focus

Perinatal death: miscarriage, ectopic pregnancy, stillbirth, and newborn death

Purpose

The purpose of this training is to provide participants with a rich educational experience that enhances their knowledge, skills, and personal awareness when caring for families whose babies die.

Objectives

- Discuss the role of interprofessional teams in caring for bereaved parents and families.
- List three theoretical frameworks that promote understanding of perinatal death.
- Define "being in relationship."
- Describe how to offer options to families.
- Describe two examples of how caregivers can use ritual when a baby dies.
- List two spiritual tasks.
- Provide three examples of honoring relationship between parent and child.
- Identify strategies to incorporate RTS standards for bereavement care into clinical practice.
- Discuss the role of keepsakes for a family's grief.
- Describe elements of a follow-up phone call.
- List three self-care strategies for caregivers.

Who should attend?

Healthcare professionals in Labor and Delivery, Postpartum and Antepartum, Emergency Medical Services, Same-Day Surgery, Neonatal Intensive Care, Family Medicine, Fertility, Obstetrics, and Public Health, including:

- Nurses
- Physicians
- Medical assistants
- Ultrasonographers
- Midwives
- Doulas
- Chaplains
- Social workers
- Child life specialists
- Genetic counselors
- Technicians

Continuing Education: See page 5 for complete information on continuing education credit.

Resolve Through Sharing® Bereavement Training: Perinatal Death **Live virtual training. • December 13-14, 2021**

Space is limited! Register today at ResolveThroughSharing.org.

Agenda

Day 1

7:45 a.m.

- Sign in

8 a.m.

- Getting acquainted and setting the stage
- Introducing relationship in perinatal bereavement care
- Using theoretical frameworks to understand relationship
- Working with bereaved families using Guided Participation
- Building and maintaining relationship
- Relationship in practice: Giving care (miscarriage)

Noon

- Lunch

1 p.m.

- Relationship in practice: Giving care (ectopic, stillbirth, newborn death)
- Keepsakes and photography
- Summary of Day 1 and preparation for Day 2
- Family panel

4:30 p.m.

- Adjourn

Day 2

7:45 a.m.

- Sign in

8 a.m.

- Reflections on day 1
- Relationship through spiritual care and ritual
- Maintaining relationship with others (other parent, grandparents, children)
- Perinatal palliative care
- The central role of hope in decision making
- Respectful disposition, memorial, and funeral options
- Interconceptual care
- Transferring relationship and ongoing support

Noon

- Lunch

1 p.m.

- Policies and standard operating procedures
- Moral distress and healthcare professionals' grief
- Relationship-based care as a foundation for caring for yourself and your work group
- Ritual and wrap-up

3:30 p.m.

- Adjourn

Before attending

Online modules must be completed prior to attending the in-person segment of the training (cost included in registration fee). Registration confirmations include instructions for accessing the modules.

Resolve Through Sharing® Coordinator Training

Live virtual training • December 15, 2021

Space is limited! Register today at ResolveThroughSharing.org.



Leading your program...

In this 1-day training, you will learn how to deliver RTS education to staff within your healthcare organization. You will also learn the skills you need to establish an interprofessional program and maintain best practice bereavement care.

Training focus

Leadership development: project management, guiding change, program implementation, quality outcomes, team building, and more

Purpose

The purpose of this training is to provide RTS professionals with knowledge and skills necessary to develop and implement a comprehensive RTS model of bereavement care in their organizations.

Objectives

- Discuss a framework for successful implementation of RTS bereavement care.
- Describe elements of the diffusion of innovation and implementing change.
- Identify an effective approach to elicit support.
- Identify four characteristics of adult learners.
- Describe useful strategies designed to deliver effective presentations.
- Identify five techniques for maintaining a bereavement program.

Who should attend?

Anyone who has completed RTS Bereavement Training(s) and plans to

- Develop, standardize, or enhance a new or existing bereavement program
- Provide ongoing staff education through one or more RTS Bereavement Training(s) (i.e., Perinatal Death, Neonatal and Pediatric Death, or Adult Death)

Leading your program

In this one-day training, you will learn how to deliver RTS education to staff within your healthcare organization. You will also learn the skills you need to establish an interprofessional program and maintain best practice bereavement care.

Agenda

7:45 a.m.

- Sign in

8 a.m.

- Introductions and goals for the day
- *The 2 Hour House Study Guide* discussion
- Diffusion of innovation
- Defining your project
- Guiding change
- Creating a standard of care
- Developing a bereavement committee
- Plan the plan
- Teaching and presenting
- Learning styles
- P-O-P

Before attending

Prior to attending, RTS Bereavement Training: Perinatal Death, Neonatal and Pediatric Death, or Adult Death and a one-hour video and short study guide must be completed. Registration confirmations include a link for accessing the video and study guide.

Audit RTS Coordinator Training?

Are you an RTS coordinator? Would you like to refresh the knowledge and skills you previously learned? Audit RTS Coordinator Training to be sure you have completed the most updated version. Auditing is a great opportunity to strengthen your leadership skills. Network and develop a support system with professionals across the country who serve in similar roles and share your passion. See page 7 for audit pricing.

Noon

- Lunch

1 p.m.

- Implementing education
- Keeping your program VITAL
- Surveys and evaluations
- Assuring quality outcomes
- Creating a functional work environment

3:30 p.m.

- Adjourn

Presenters

(Full bios available at ResolveThroughSharing.org.)



ANN E. Tyndall, MDiv, BCC, CPLC

Bereavement Coordinator, Gundersen Health System

Ann served as a Unitarian Universalist parish minister for 23 years before training to become a healthcare chaplain. She was drawn to working with people from diverse spiritual traditions, including those who did not identify as religious.

The role of chaplain-not promoting a particular religious tradition-fit Ann's inclusive approach to spirituality. She worked for a year as an affiliate chaplain at Chicago Children's Hospital before accepting a position as staff chaplain at Gundersen Health System in La Crosse, WI. There, Ann's duties included providing bereavement support for patients and families. Though she attended deaths at any age, her primary responsibility was caring for families experiencing perinatal loss. In June 2019, Ann accepted the position of Bereavement Coordinator for Gundersen Health System. Ann's role at Gundersen is vital to Resolve Through Sharing's long history of developing programming at home and disseminating to its national audience, and gleaning expertise from healthcare professionals across the country to incorporate at home.



Seth D. Barna, BSN, RN

Training Specialist, Resolve Through Sharing

Nursing Systems Specialist, Gundersen Health System, La Crosse, Wis.

Seth received his Bachelor of Science in Nursing from Viterbo University in La Crosse, Wis., in 1999. Since then, he has worked at Gundersen Health System, spending the majority of his career in the critical care

setting. Over many years of caring for those with a wide range of specialty conditions, Seth developed an interest and skill-set for supporting patients, families, and staff through the organ donation process and end-of-life care. he served on the Gundersen Health System Organ Donation Team for approximately 15 years and spent 2 years as the Organ and Tissue Donation Liaison.

Seth's special gifts and his passion for this work are evidenced in the various educational opportunities he leads. Since 2019, he has served as Adjunct Faculty for the Viterbo University Nursing Department. Seth assumed the role of RTS Training Specialist in 2020, after 3 years of presenting as a member of the RTS National Faculty.

Education Credit

Nursing contact hours

Gundersen Lutheran Medical Center, Inc., is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death provides 12.75 contact hours and Resolve Through Sharing (RTS) Coordinator Training provides seven contact hours.

California – Provider (Gundersen Lutheran Bereavement and Advance Care Planning Services) approved by the California Board of Registered Nursing, provider #12245, 12.75 contact hours for Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death, and seven contact hours for Resolve Through Sharing (RTS) Coordinator Training.

Social work continuing education hours

Social work continuing education hours Gundersen Lutheran Medical Foundation Inc., provider #1089, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Gundersen Lutheran Medical Foundation Inc. maintains responsibility for this course. ACE provider approval period: 11/14/2018–11/14/2021.

Social workers completing Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death will receive 12.75 continuing education credits. Social workers completing Resolve Through Sharing (RTS) Coordinator Training will receive seven continuing education credits. RTS Bereavement Training and RTS Coordinator Training are appropriate for all levels of social work. Online pre-training continuing education credits are awarded separately.

Other credits

Chaplains may apply for continuing education credit through the Association for Professional Chaplains (APC). Other disciplines may request an electronic certificate of completion from the RTS National Office.

To receive continuing education (CE) credit, nurses, social workers, and chaplains **must be present for each full day of training (no partial credit will be given)**. Downloadable CE certificate is available upon completion of the evaluation. CE certificates for the classroom portion of the training are available online upon completion of the evaluation. CE certificates for online courses are awarded upon completion of the three-module set.

Presenters and planners have an employment relationship with Gundersen Lutheran Medical Foundation, Inc. We are a provider of the program, but we do not endorse any commercial products in conjunction with the program. Off-label use of any products will not be discussed. Presenters will vary. Presenter credentials are available upon request.

ADEC recognition

Resolve Through Sharing (RTS) Bereavement Trainings help meet the thanatology-related contact hour requirement to be certified by the Association for Death Education and Counseling.

GUNDERSEN **HEALTH SYSTEM®**

Gundersen Health System is where caring meets excellence through a comprehensive health network of wholly owned services and regional partners. It's where nationally recognized quality meets dedicated, compassionate professionals, caring for patients in all stages of life. Gundersen is a regional referral center caring for patients in 19 counties throughout western Wisconsin, northeastern Iowa, and southeastern Minnesota. A 325-bed teaching hospital with a Level II Trauma and Emergency Center, Gundersen has repeatedly been named among the top 50 hospitals in the nation, placing it in the top one percent of hospitals nationwide. Gundersen is the designated Western Academic Campus for the University of Wisconsin School of Medicine & Public Health. Due to its environmentally responsible practices, Gundersen achieved energy independence in 2014, becoming the first health system in the nation to do so.

Training location

This will be a live virtual training delivered via ZOOM. Training materials will be shipped directly to the address you provide while registering for the event.

To stay updated on the RTS training schedule, visit www.ResolveThroughSharing.org.

Bring RTS training to your organization!

We look forward to consulting with you regarding your bereavement training needs. Contact us at rts@gundersenhealth.org.

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REGISTRATION FEES

RTS Bereavement Training: Perinatal Death	\$550
RTS Coordinator Training	\$400
RTS Bereavement Training and Coordinator Training Combo	\$950
RTS Coordinator Training Audit (prior completion of Coordinator Training required)	\$275

GROUP DISCOUNT

Groups of three or more take \$100 off each training registration. **To receive the discount, you MUST obtain a group discount code PRIOR to registering.** Submit the names of those in your group to rts@gundersenhealth.org to receive the code. The code MUST be applied during the registration process.

Pricing includes online modules, live online training, course materials, resource manual, certificate of completion, and continuing education credit.

Payment: Registration fee payment can be made by Visa, MasterCard, American Express, or Discover.

Transfers: Registrations can be transferred to a different training location for a \$25 administrative fee.

Cancellation policy: We offer a full refund minus a \$75 administrative fee for each canceled registration. Cancellations must be made 48 hours in advance of the training in to receive a refund.

Accommodations: If you have questions or concerns about this course, or require assistance or special accommodations, please contact us at rts@gundersenhealth.org. In accordance with the Americans with Disabilities Act, Gundersen Medical Foundation seeks to make this training accessible to all. If you have a disability that might require special accommodations, please contact us at rts@gundersenhealth.org.

Contact: If you have questions or grievances, please contact us at (608) 775-4747, (800) 362-9567, ext. 54747, or rts@gundersenhealth.org.

Resolve Through Sharing®

BEREAVEMENT EDUCATION SINCE 1981

Gundersen Medical Foundation
1900 South Avenue, AVS-003
La Crosse, WI 54601
rts@gundersenhealth.org



Check out other locations and dates
for RTS Perinatal Death, Neonatal and
Pediatric Death, or Adult Death at
ResolveThroughSharing.org

Please share this information with the following:

- *Nursing*
- *Social Services*
- *Spiritual Care*
- *Maternal Health*
- *Emergency Services*

Join the 50,000+ who have attended RTS Training!

“This was my first bereavement training and the information and tips I gathered are beyond valuable. I feel more confident entering a bereavement situation and knowing what to say—or when to not say anything at all! Thank you for this wonderful training.” – Social Worker, Pennsylvania

“This program was incredible. So emotional, inspiring and empowering. Thank you so much for what you are doing for families by offering this education. The BEST conference EVER!!!!” – Registered Nurse, California”

“The information was very helpful and will definitely change the way I practice as a child life specialist. I really appreciate how uplifting and motivating the conference was... The presenters did a great job switching up activities and giving the audience information in different ways.” – Child Life Specialist, Texas

RTS Bereavement Training and RTS Coordinator Training help you comply with The Joint Commission standards for end-of-life care (PC.02.02.13) and other regulatory standards.